

update 5 . jan 2024

# The Anurakthanis

## REFLECTIONS:

### On Changes and the "Stubborn" Heart



Capturing a beautiful winter sky

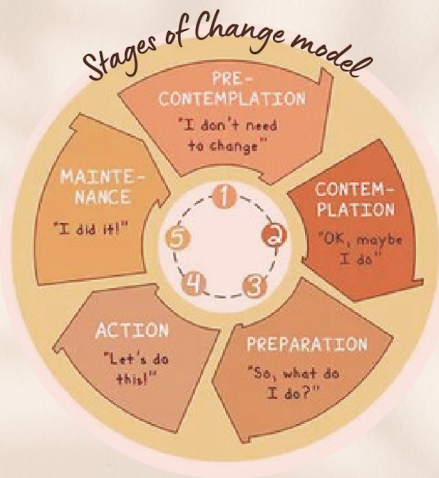
As the old saying goes, change is the only constant in life (well, besides God - who is the same yesterday, today, and forever). Most people do not embrace changes enthusiastically into their lives. Sometimes, change can be scary and anxiety provoking because it makes the future unknown and not within our control. Other times, change can be hard to implement because of old habits, rigid mindsets, and the influence of society, culture, and family tradition. Christians are called to change - a life transformed by Christ. The very act of repentance is change, as we choose to turn towards God and away from our own ways.

Through our one year serving in Thailand, we have met many roadblocks of "stubborn" hearts in people. It was discouraging for us as our good intentions, investments, and small progresses all fell back to square one. It was frustrating as it made perfect sense for change to happen, at least from our perspective of community development.

Those roadblocks brought me to relook at the Stages of Change model. The people we encounter in ministry are usually in the pre-contemplation, or at most, contemplation stage! No wonder our efforts and intentions were filled with roadblocks. Their hearts are not stubborn; they are just not ready to talk about change.

With this model in mind, it helps us to reach out and serve each individual with a clearer picture of their perspective in their current situation in life.

Change can be scary and anxiety provoking. It can be hard to implement and maintain. But the process of change is much easier and delightful when it is shared with a trusted friend.



BLESSING,

Yulian



# HIGHLIGHTS OF 2023

The heart of man plans his way, but the LORD establishes his steps.  
Proverbs 16:9

We thank God for the wisdom He has given us to make plans for our ministry surveying process. However, as we stumble along the way throughout the year, it was God who brought us to the right people that He wanted us to meet and doors of opportunity that He is guiding us to enter. Indeed, it is the LORD who establishes our steps - to make steady; to cause growth; to confirm, make fast, and strengthen. Oh what blessed assurance we have in our God!



JAN - exhorting youth's of Uttaradit



FEB - Agape mission trip



MAR - Sorn's dad deaconship



APR - setting up of FAITH farm



MAY - Uttaradit youth cell



JUN - planting mango trees



JUL - Uttaradit home visits



AUG - family support training



SEP - FAITH farm harvest



OCT - Maggie school transition



NOV - setting up 1st office



DEC - village survey blessing



## MINISTRY PLANS FOR 2024

As the ministry takes form, we will be looking out for like-minded individuals to join our team as staff and board members. With the plan of partnering churches in Chiang Mai, we will begin to build relationships with 3 families which will join our first batch of 18 months KFT program (Keeping Families Together) in July. We seek your support to cover us and the ministry in prayers regularly.

### Mark your Calendar



**DATE** 04 May, Saturday

**EVENT** Anurakthanis Tea Time

Join us for a time of food and sharing of hearts in SG.

- Jan - recruit for team
- Feb - partnership with church
- Mar - KFT training
- Apr - village mission trip
- May/Jun - rapport building
- Jul/Aug - start KFT with 3 families
- Sep - staff training
- Oct/Nov - KFT family event
- Dec - village mission trip

### PRAY FOR US:

- Recruitment of like-minded people to serve together
- Available mentors or advisors to journey with us
- Provision of funds for ministry needs and staff salary
- Guidance and discernment in making ministry and personal decisions
- Opportunities to show love to our families both in SG and TH

### PROVIDE FOR NEEDS:

Drop us or Crystal Hong a text if you'll like to provide for a need.

- Donate office related supplies
- Financial support for ministry related needs
- Financial support for staff team salary

### CONNECT WITH US!



@the\_anurakthanis

