

update 4. oct 2023

The Anurakthanis

REFLECTIONS: The Significance of Attachment

As parents of a 3 year old daughter, we try our best to create a safe and secure home environment and relationship for Maggie to thrive. Early attachment experiences shape a child's brain in ways that have life long impact on their

ability to socialise and connect with others, regulate emotions, and build self-esteem (Shore, 2017). As such, a child will be more resilient to cope with stressors in the future.

We are privileged to have such parenting knowledge and resources in our times. Yet there are many families here in Thailand without these support and are struggling with basic survival. Sending a child away to a home is not an easy decision, but it is often seen as the first answer for many families here in Chiang Mai. When this option becomes the long-term solution for the child, he is completely detached and uprooted from his family, leaving him very much alone in his future.

No family is perfect, but every family has good things to offer to the children in their home. Therefore, we hope to provide more family support services to build up stronger families, so that children can be kept in a safe and secure family environment. Because that is where children grow best.



Celebrating Maggie turning 3yo

CLARITY IN MINISTRY PLANS

There are some changes in our ministry plans as we go through this year of ground surveying. Our work in Uttaradit will stop for the moment while we partner with various ministries in Chiang Mai that offers family support services.

Some of these ministries are The Family Connection Foundation (FCF) and Step Ahead Foundation.

FamilyCARE 18 months programme

01

Holistic Development Workshops

Covering topics of financial literacy, health, nutrition and hygiene, sustainable livelihood, positive parenting, communication skills, and relevant societal problems.

02

Regular Home Visitations

To journey alongside families through various issues

03

Family Day Out

Creating opportunities for strengthening relationships

04

Income Generation Grant

Supporting families to improve or start a new business to increase income and alleviate poverty

We are taking the remaining of this year to attend trainings by Step Ahead and build up a curriculum to meet the context of city and rural families.

Next year, 4-8 families will be specially selected to join our pilot project as we journey together for 18 months.



Sorn's Mum, Grandma & Aunty

WHAT'S NEXT IN OUR WORK?

As the cold season draws near again, we hope to raise some **funds** to bless a small Karen village near Sorn's home. It is his aunty's hometown (*lady on the right*). It is about 6 hours of mountainous drive from Chiang Mai city. As the village is far away and small (*only 20 families*), they are easily neglected from support and resources from the government.

As part of our survey work, we will be visiting the village in December to bless them with some blankets and mosquito nets. We will also visit some families to assess their suitability and readiness of joining our FamilyCARE programme next year.

Support us through prayers and giving.
We are raising **SGD1,154** for this village.

Here is a breakdown of costs:

- 40 Blankets : 8,000bht
- 20 Mosquito nets : 8,000bht
- Family visit care pack : 2,000bht
- Guitar for new church : 4,000bht
- Blessing for new church : 5,000bht
- Petrol : 1,000bht

28,000bht + 10% buffer
= 30,000bht (SGD1,154)



PRAY FOR US:

- Maggie has started Pre-K school this month. Pray for smooth transitions for us.
- Open doors and guidance as we partner with various ministries in Chiang Mai.
- Relationships with local church leaders and members as we serve the body.
- Safety and open doors as a go survey the village.
- Wisdom to select and build relationships with the first 4-8 families.
- Content development to be culturally sensitive.

PROVIDE FOR NEEDS:

Drop us or Crystal Hong a text if you'll like to provide for a need.

- Volunteer with some graphic design skills
- Financial support for village outreach
- Financial support for ministry related needs



CONNECT WITH US!



@the_anurakthanis