

6th Oct 2019



How can I overcome my
sexual struggles?

LOVE & SEXUALITY
Uncovering Your Passions Within

1 Corinthians 6:9 -11

9 Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality,
10 nor thieves, nor the greedy, nor drunkards, nor revilers, nor swindlers will inherit the kingdom of God. 11 And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

4 keys in overcoming your sexual struggles

1. Purpose
2. Covenantal union
3. Identity
4. Ownership



4 keys in overcoming your sexual struggles

1. Purpose



1 Corinthians 6:12 -14

12 “All things are lawful for me,” but not all things are helpful. “All things are lawful for me,” but I will not be dominated by anything. 13 “Food is meant for the stomach and the stomach for food”—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. 14 And God raised the Lord and will also raise us up by his power.

1 Corinthians 6:13 -14

¹³ ...The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. ¹⁴ And God raised the Lord and will also raise us up by his power.

4 keys in overcoming your sexual struggles

1. Purpose
2. Covenantal union



1 Corinthians 6:15

Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never!

1 Corinthians 6:16 -17

16 Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, “The two will become one flesh.” 17 But he who is joined to the Lord becomes one spirit with him.

“Nina likes Kenneth and went to his room to study one day. Kenneth kissed Nina, who reciprocated. He then moved his hand up her leg but she felt uncomfortable and pushed him away. He became angry and felt she was “playing games” with him, especially when he admitted she liked him when he questioned her.”

Question:

Is Nina “playing games” with Kenneth? Or is Kenneth right in assuming that she would not mind going further beyond the kiss?”

Answer from NUS (according to ST):

Students are told that “just because Nina agreed to the kiss, it does not necessarily mean she is ready for other intimacies.”

Students are briefed that ‘consent can always be withdrawn’ and that ‘sexual activity after the withdrawal of consent constitutes sexual misconduct or assault, such as when the other party’s initial ‘yes’ changes to a ‘no’ halfway through an activity.

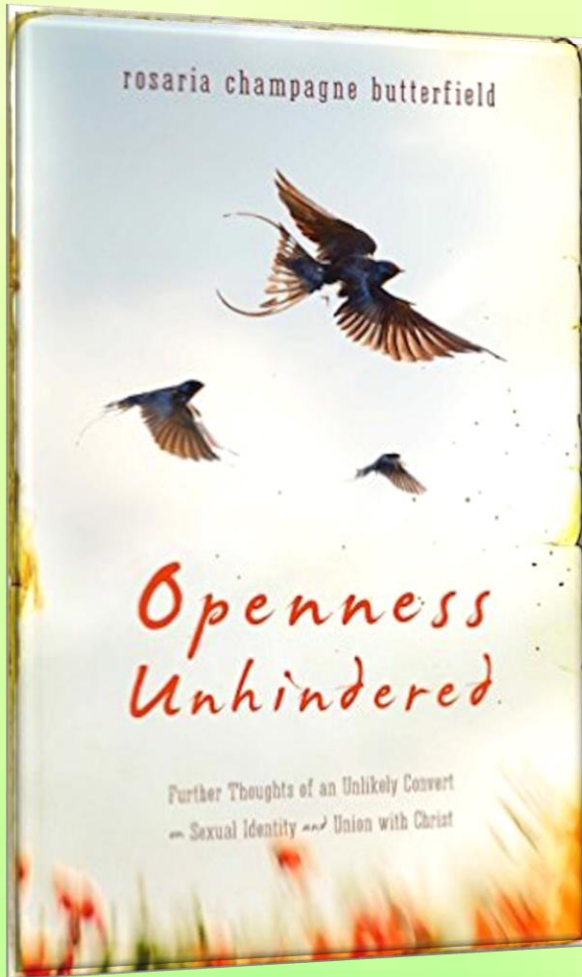
4 keys in overcoming your sexual struggles

1. Purpose
2. Covenantal union
3. Identity



1 Corinthians 6:18

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.

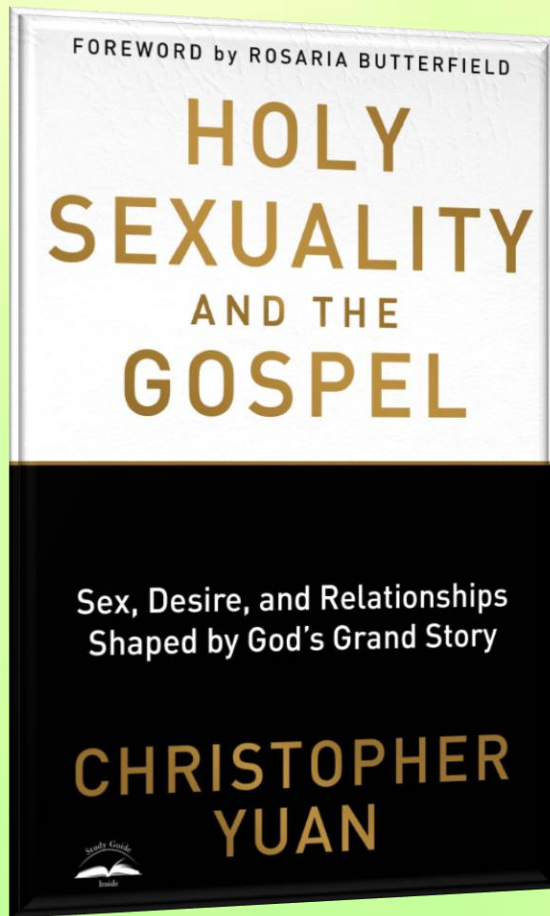


“Why is sexual sin so hard to deal with? Because often sexual sin becomes a sin of identity.”

Rosaria Butterfield

1 Corinthians 6:18

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.



Holysexual



**Chastity
in singleness**



**Faithfulness
in marriage**

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1 Corinthians 6:19 -20

19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, **20** for you were bought with a price. So glorify God in your body.

Romans 12:1

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.